

International Supervision Intensive December 4 - 7, 2020



“Moving into the unknown”

Going to an unknown place as a therapist is very challenging. You will be confronted with resistance and the unconscious process of our clients.

But the more risks you are willing to take, the more you will help your clients to take risks for themselves. This will take the work to a deeper level which is in the benefit of the client.

For all kind of Body-Psychotherapy modalities I want to offer a supervision intensive. In this activity I want to create a safe and inspirational space where you can learn and expand your skills as a therapist.

Quite often when you get stuck in the work, it's mainly because you are caught in your counter transference where you cannot move anymore and continue doing the work in a survival mode.

In our field of working with the body, the transference is often showed in body language and behavior and not so often in words. Can you recognize the bodily signals and can you receive this without making it personal? Can you deal with erotic transference? Can you connect the clients topic to what you see in the body?

For whom

This Supervision Intensive is designed for certified body-oriented psychotherapists with at least one year of clinical experience, who want to participate in an exchange with other therapists.

The program

We will work for four days and do sessions with each other and be supervised. I will also bring clients from outside to have a new experience. If you have specific wishes or questions please make them clear in the enrollment form.

By whom

Anna Timmermans MA, who originally was trained at the Lowen's Bio Energetic Institute in the 80's, studied Core Energetics at the Berlin Institute, doing her post graduate year in New York. She started her own two-year training program in '94 and founded the Netherlands Institute of Core Energetics in 2005 – an international Core Energetics school in Holland. She teaches in Mexico, Italy, Greece and Poland. She is an exceptional marriage mentor and a non-dualistic healer. Anna brings all of who she is to her teaching and workshops, providing a space of love and acceptance in which participants can explore the very deepest parts of who they are.



For more information contact Anna: +31-(0)243232300 or anna@coreenergetica.nl

When

December 4 - 7, 2020

Start: Friday 10 am

Ending: Monday 5 pm

Where

Cordium

Nijmegen

The Netherlands

Costs

520 euro.

Early bird till November 1:
440 euro.

For the food you pay
127,50 euro directly to the
chef.

Staying overnight and practical information

[Download the practical
information here](#) or ask
info@coreenergetica.nl to
send it to you.

Enrolment

[Download the enrolment
form here](#) or ask
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