## CORE ENERGETICS INTRODUCTORY WORKSHOP

Friday December 11 Westelbeers, The Netherlands

# I can't, I won't, I will

## How to overcome negative intentionality

It is important to make a distinction between *negativity* and *negative intentionality*. Negativity is a protective defence against pain. Negative intentionality is the deliberate will to be negative and not to contribute to life. Most people are not aware of this inner dynamic. This NO to life is often connected to a childhood wound. It blocks our life force and sense of joy. Core Energetics helps us to bring this dynamic into consciousness and take responsibility, and offers ways to reconnect with our pleasure and YES to life.

**For whom?** For those who have a wish to experience Core Energetics and want to reconnect with live energy. The workshop is also a great opportunity to have a taste of our training programs, for those who consider to enrol for the <u>4-year professional training</u> or the <u>2-year program for personal</u> <u>transformation</u> (Dutch spoken). Both trainings are starting February 2021.

**By whom?** The workshop is given by Achiel van Tienen and Margo Bolenius.



ACHIEL VAN TIENEN studied Core Energetics at the Berlin Institute and opened his own practice in 2001. He works with individual clients, groups and couples, and leads workshops. He considers his own body as the compass to work by. He was a teacher at our institute for 15 years. Nowadays he is engaged as a supervisor for our students.



MARGO BOLENIUS opened her coaching practice in 2012. Since her graduation at NICE in 2017, she adds core energetic therapy to her ways of working with clients. She also brings core energetic work in business organizations in order to help employees having more energy and pleasure in live and work. She teaches at NICE in the 2-year transformational program. energy, movement, breath and interpersonal relationships to create consciousness about who you truly are. Core energetics is a creative, dynamic and very fun way for you to experience fully the creativity, dynamism and joy of your own life energy!

#### When

December 11, 2020 Walk-in from 9.30 uur Starting 10.00 uur Ending 17.00 uur

#### Where

EigentijdsErf Spreeuwelsedijk 9 5091 KS Westelbeers The Netherlands

Price

€ 80,00 (coffee, tea and lunch included)

### Click here to enrol

