

International Standards

Standards for certification

1. Completion of a 3-4 year Certified Core Energetics Training program
2. Completing any additional requirements from the training program (individual need for extra supervision, ethical training, etc.), or additional individual sessions.
3. Demonstrated ability to understand and apply characterology.
4. Ability to remain aware of one's HS/LS/M and report when unable to remain connected to Objective Observing Self
5. Understand the importance of the unconscious in the therapeutic process
6. Demonstrated ability to create and maintain therapeutic container (and relationship) including boundaries and identify own emotional reactions. It is expected that graduating students can access strong feelings without acting out, disassociating or rupturing the therapeutic relationship.
7. Demonstrated ability to repair, or attempt to repair, relational disruption from a HS perspective
8. Demonstrate ability to manage transference and countertransference.

Standards for practitioner in good standing

1. Graduated from a program recognised by IACE
2. Maintains an active client practice
3. Complies with the International Ethics Agreement
4. No Ethical complaints.
5. No unresolved ethical violations from any other professional organization.
6. If a member of a professional guild then in good standing with that body i.e. if a dentist or contractor no ethical complaints with that board
7. Active Consultation/Supervision relationship with Certified Supervisor
 - a. First 2 years of practice after certification at least 1- 2 hours per month
 - b. After 2 years has ongoing relationship with a supervisor that is still available and active
 - c. Participate in continuing education hours (15 per year).
8. Participates in continuing Education hours e.g. attending Core Energetics convention or 15 hours per year
9. Practitioner can apply concepts of higher self, lower self and mask to self and other
10. Has an understanding of images and defences and can apply theories to self and other.
11. Has a thorough understanding of characterology process, transference and countertransference, and repetition compulsion.
12. Takes responsibility in therapeutic reactive situations (is able to identify own countertransference), including willingness to take restorative action.

Assistant Standards

Assistants/Interns

1. **Application and Selection**
 - a. To become an assistant one must apply to the Institute by completing an Assistant Application Form. The Director and the Academic Director will review the candidate's application and make the selection.
2. Qualifications

Assistants must:

- i. Be a Certified Core Energetics Practitioner in good standing (see section - Standards for Practitioner in Good Standing)
- ii. Be a Post Graduate Year graduate (this may be waived at the discretion of the Director in Institutes where there is as yet no post graduate program.
- iii. Maintain a minimum Core Energetic practice of 3 sessions per week
- iv. Receive a minimum of one supervision session per month
- v. Execute at least one Core Energetic workshop per year
- vi. Attend Institute required functions or meetings (eg. faculty intensive, meetings, etc)
- vii. Be willing to work through issues with authority and transference with Director and Senior teachers

Faculty Standards

1. Faculty Members
 - a. Teachers-Under-Review (Junior teacher)
 - b. Teachers
2. Application and Selection
 - a. Teachers-Under-Review
 - i. To be considered for a teaching position a written application must be submitted to the Director and Academic Director
 - ii. Teachers under review must have at least some teaching or group holding experience as assistants or interns
 - b. Teachers
 - i. To be considered to become a Teacher one must have been a teacher-under-review for a minimum of 2 years and have demonstrated the ability to create a teaching plan, understand and convey the material in the teaching plan, manage and direct a class, demonstrate a depth of knowledge regarding Core Energetics teachings. Teachers at this level will have the ability to experientialize the content including individual and group process.
 - ii. The Director and/or Academic Director will appoint teaching positions
 - iii. .
3. Qualifications
 - a. **Teachers-Under- Review** must:
 - i. Be a Certified Core Energetics Practitioners in good standing (see section - Standards for Practitioner in Good Standing)
 - ii. Be a Post Graduate Year graduate (or completed at least 4 years of a Core Energetic training i.e. not part bioenergetics or Brennan Practitioner training).
 - iii. Have assisted for a minimum of two years
 - iv. Show mastery of content
 - v. Maintain a minimum practice of 5 Core Energetics sessions per week or 3 individual sessions and 1 process group
 - vi. Plan and execute a minimum of 1 workshop per year
 - vii. Attend 1 supervision session per month
 - b. **Senior Teachers** must:
 - i. Be able to create experiential exercises and;
 - ii. Hold the group container with deeper process and;
 - iii. Move beyond intellectual mastery into integrating personal, emotional process work into their training
 - iv. Be a Certified Core Energetics Practitioners in good standing

- v. Be a Post Graduate Year graduate or have been teaching for a minimum of 5 years for the ICE
- vi. Maintain a minimum practice of 6 Core Energetics sessions per week or equivalent experience
- vii. Attend periodic supervision

Directors Standards

1. Directors
 - a. Executive Director
 - b. Academic Director
2. Application and Selection
 - a.
3. Qualifications
 - a. **Executive director** must:
 - i. Be a Certified Core Energetics Practitioners in good standing
 - ii. Demonstrate sensitivity to Ethics issue in regard to Power, Authority, and Leadership
 - iii. Have leadership experience
 - iv. Be deemed a worthy representative of the Institute
 - v. Have a vision consistent with history and scope of the Core Energetics modality
 - vi. Take fiduciary responsibility for the economic wellbeing of the Institute
 - vii. Agree to a no-conflict of interest policy. The role of Director may not be used for the gain, growth or profit of other programs or businesses in which the individual is personally invested
 - viii. Uphold standards of all roles in which they act (eg. teacher, administrator supervisor)
 - ix. Undertake advanced training / supervision regarding dual relationships and ethics
 - x. Undertake training in diversity and cultural sensitivity
 - b. **Academic Director** must:
 - i. Have taught at least 75% of the curriculum
 - ii. Be in good standing as both a senior teacher and Core Energetics Practitioner
 - iii. Have leadership experience
 - iv. Demonstrate sensitivity to Ethics issue in regard to Power, Authority, and Leadership
 - v. Bring a personal vision as well as exposure to various styles of leadership. (example: experience teaching at multiple Institutes)
 - vi. Be deemed a worthy representative of the Institute
 - vii. Have an advanced degree in Mental Health training preferred
 - viii. Undertake advanced training / supervision regarding dual relationship
 - ix. Undertake training in diversity and cultural sensitivity

Supervisor Standards

1. Must have breadth and depth of Core Energetics theory and have sustained a full time practice (15 – 20 clients per week) for a minimum of five years.
2. Must have had at least five years of consistent supervision themselves with more than one supervisor

3. Must have an ongoing active relationship with a supervisor currentl.
4. Recommend further training in supervision beyond Core Energetics training.
5. Recommend further clinical training in diagnosis of conditions outside of the scope of Core Energetics practice.
6. Ability to support supervisee in recognising clients outside of scope of practice.

Training Program Standards

1. Programs require a qualified academic director in good standing.
2. Each training program is encouraged to use external trainers. Such trainers are to be senior trainers with other faculties. The minimum requirement is two days per class each year.
3. Each program is required to have a code of ethics in line with the IACE code of ethics
4. Visiting teachers will comply with Ethics and Best Practices as set down by IACE.
5. Each program will have an ethics review body to handle complaints.

Three year program therapy and supervision hours

18 Individual sessions per year with a Core Energetic therapist in good standing
10 Supervision sessions (20 – 30 clinical hours) with a Core Energetic Supervisor in good standing.

Four year program therapy and supervision hours

18 Individual sessions per year with a Core Energetic therapist in good standing
20 Supervision sessions (30 - 40 clinical hours) with a Core Energetic Supervisor in good standing.

Process for a new program

1. New programs must meet program standards
2. Must be mentored by an academic director for the first cohort training. Such mentor relationship should be ongoing (at least quarterly meetings). Mentors are directors who are qualified to be an academic director (past or present) and in good standing.
3. Directors of new program gain voting rights once their program has been in operation and mentored for two years.

Transferring Students between Institutes

Students transferring between IACE institutes should demonstrate that they have learned equivalent content appropriate to their entry point at the new Institute. Students also need to have a recommendation from their former institute. Such recommendation is to include their readiness to join a group in progress, completion of homework or assignments, and general engagement in course material.

Students desiring to Advance place from non IACE programs

Given that there have been some past difficulties with this situation, we recommend a thorough evaluation of

1. Content they have covered,
2. A demonstration that they have learned the content consistent with our standards
3. A therapy log of frequency and body centred therapy consistent with our standards
4. Evaluation of their fitness to join an already functioning group
5. A recommendation from their Institute where they began their training.