

July 10 - 14, 2024  
Nijmegen, The Netherlands

# Love Eros Sexuality

*This workshop is open for individuals and couples. Take advantage of this rare opportunity to work with two of Europe's master Core Energetics practitioners, presenting a workshop that was originated by John Pierrakos.*

***"We can only reach our core of love by going in and through our level of hatred and negativity" John Pierrakos***

Love is an energy that comes from within and has an outgoing flow. The energy of Love wants to connect with the very truth of oneself and the other. If we can surrender to it, affinity emerges. Our fear, pain and frustration create withdrawal.

***"Eros is the bridge between sex and love" John Pierrakos***

Eros is that creative force that melts down our defences and our negativity. It opens us up to others and ourselves. Eros comes from outside, it hits us unexpectedly, it is twinkling and light, it raises us above everyday life, it rises our energy and makes us feel whole. After a while the energy of Eros diminishes and disappears again.

***"For a free and open sexual exchange each must stop blaming the other for lack of fulfillment" John Pierrakos***

Sexual energy is the pure life force: on the one hand it is the life energy we experience in our body and on the other hand it's the energy that reproduces humanity. This life force has its strongest expression in sexuality. The urge to fuse with another person and not to stay alone is such an expression. The human sexual experience involves all aspects and levels: body, mind, emotions and spirit. If these forces co-act harmoniously we experience happiness and the vibrant aliveness we're longing for.

## Teachers

Anna Timmermans, founder of the Netherlands Institute of Core Energetics. Klaus Stinshoff, medical doctor and Core Energetics practitioner. Both are senior Core Energetics teachers. They work together since 1999 with couples and groups.

**In this workshop we will work with different exercises and experiences to become more alive and move towards a greater surrendering to our live force. There will be space and time to process your own journey.**

Cordium  
De Ruyterstraat 65  
6512 GB Nijmegen  
[www.cordium.nl](http://www.cordium.nl)

Starting July 10, 10.00 hrs  
Ending July 14, 17.00 hrs

Language: English

Individual € 600  
Couple € 1.000  
Early bird till May 15:  
Individual € 550  
Couple € 900

More information:

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[Click here for practicalities](#)



To enrol click here

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