

February 2-3-4, 2024
Core Energetics
Introductory Weekend

THE NEXT STEP IN YOUR JOURNEY



ABOUT CORE ENERGETICS

Core Energetics uses energy, movement, breath and interpersonal relationships to create consciousness about life. One way we all inhibit ourselves is by blocking our energy and our emotions in parts of our body. By learning how to move the energy in your body, you learn to free your emotions and to get in touch with all your feelings. When you loosen these local blocks, your experience of your entire body and being changes. Clients say they have become more alive, powerful, joyful, daring. Core Energetics is a creative, dynamic and very fun way to fully experience the creativity and joy of your own life energy!

THE WEEKEND

A powerful combination of experiential and didactic learning opportunities will give you an understanding of how blocked energy affects you. No matter where you are in your personal journey, this weekend will support you in taking the next step. Experience powerful energetic techniques that open the flow of life force! This special weekend intensive includes classes, process group and community events with all students of the school and promises to be personally challenging, enriching and exciting...

For all people, men, women, non-binary, all nationalities, all ages from 18 years. We are proud of our diverse community.

Time schedule

Start: Friday 11 am
End: Sunday 4 pm

Where

EIGENTIJDSERF
Spreeuwelgedijk 9
5091 KS Westelbeers
The Netherlands

Workshop fee

Regular fee € 300
Early bird fee € 250
when you pay before
January 1st 2024

Lodging expenses

Room and meals
about € 240 – € 270
depending on roomtype

[REGISTER HERE](#)

or send an e-mail to
info@coreenergetica.nl

