

# **Discovering Consciousness in Holding Duality**

Our inner source or higher-self directed us toward the CE work. John and Eva established an esoteric school introducing us to the possibility of clearing the way for our inner voice to be heard through the cloud of our lower-self. The aim was to awaken our consciousness and inspire new ways of thinking and understanding ourselves and life.

John Pierrakos spoke about the aim of the work as he conceived it:

"Freedom has to be through knowing your feelings. I do not mean acting them out, but knowing them. Knowledge alone is not enough, nor is spirituality. The body, the feelings, the mind and the will all have to be integrated. The purpose is transformation."

John's and Eve's concepts about us and our possible inner evolution of being can give us direction. When life becomes our teacher, it transforms all the meanings life gives us in our work on ourselves and with clients. The concepts of lower and higher self as a primary duality and the choice between the two is a deep source of higher consciousness and transformation.

Psychologically, we live in a world of different meanings and new meanings enter us only when old meanings die. In everyday life we lose sight of the meaningfulness of our transformation in the Core Energetic work. In the spirit of the aim of our work new parts of ourselves are touched and new connections are made internally. We gradually increase our freedom.

This masterclass is an invitation to the reconnection to a deeper essential meaning, and integration into our lives and the work with our clients. We will explore the concepts and principals of CE as well as use our body, mind and will in exercises to explore our meaning and anchor, in a felt sense, a new way of being.



WARREN MOE has been a teacher and practitioner of body-centered modalities for nearly 20 years. He maintains a diverse, full-time practice in NYC, and travels internationally, teaching and facilitating workshops. He is passionate about working with clients and groups to assist them in experiencing themselves more completely and authentically in their everyday lives.

You can compose your Post Graduate Training by participating in five different masterclass modules

### Time schedule

Start: Friday 10 am End: Monday 4 pm

## Where

EIGENTIJDSERF Spreeuwelsedijk 9 5091 KS Westelbeers The Netherlands

## Tuition fee € 800

## **Lodging expenses**

Room and meals about € 330 – € 490 depending on roomtype

### **REGISTER HERE**

or send an e-mail to info@coreenergetica.nl

