

ABOUT CORE ENERGETICS

Core Energetics uses energy, movement, breath and interpersonal relationships to create consciousness about life. One way we all inhibit ourselves is by blocking our energy and our emotions in parts of our body. By learning how to move the energy in your body, you learn to free your emotions and to get in touch with all your feelings. When you loosen these local blocks, your experience of your entire body and being changes. Clients say they have become more alive, powerful, joyful, daring. Core Energetics is a creative, dynamic and very fun way to fully experience the creativity and joy of your own life energy!

THE WEEKEND

A powerful combination of experiential and didactic learning opportunities will give you an understanding of how blocked energy affects you. No matter where you are in your personal journey, this weekend will support you in taking the next step. Experience powerful energetic techniques that open the flow of life force! This special weekend intensive includes classes, process group and community events with all students of the school and promises to be personally challenging, enriching and exciting...

TEACHERS



EVELIEN BUS was trained in Core Energetics at NICE and graduated in 2017. In her practice she interconnects Core Energetics with more subtle energy work (sensing energy). She loves to help people get more awareness on the energetic and spiritual level, so that we can enjoy the richness and support that is there for us. Evelien also serves as co-director of NICE.



KLAUS STINSHOFF has his own Core Energetics practice since 1987. He was trained in Core Energetics by John Pierrakos, founder of the New York Core Energetics Institute. He lives and works in Berlin and is specialized in working with clients dealing with cancer. Klaus also serves as co-director of NICE.

For all people, men, women, non-binary, all nationalities, all ages from 18 years.

We are proud of our diverse community.

Time schedule

Start: Friday 11 am End: Sunday 5 pm

Where

EIGENTIJDSERF Spreeuwelsedijk 9 5091 KS Westelbeers The Netherlands

Workshop fee

Regular fee € 300 Early bird fee € 250 when you pay before May 1st 2024

Lodging expenses

Room and meals about € 240 – € 270 depending on roomtype

REGISTER HERE

or send an e-mail to info@coreenergetica.nl

