



Discover the Power of Your True Self with FULL SELF EXPRESSION

Embark on a Transformative Journey!

Join us from **October 11th to 13th** for an enriching **2 ½ day workshop** dedicated to exploring the depths of **FULL SELF EXPRESSION (FSE)**, an immersive experience designed to guide you towards **profound self-discovery & personal growth**.

Through a fusion of *Core Energetics, Integrative Body-Oriented Psychotherapy, Pathwork Studies* and *Exceptional Relationship principles*, you'll embark on a journey of exploration and empowerment. Our expert facilitators will lead you through experiential exercises and guided practices aimed at **unlocking your innate potential** and **fostering authentic expression**. You will have an opportunity to immerse yourself in a **supportive and nurturing environment** where you can **safely explore** the layers of your being.

Unlock Your Potential with FSE

The FSE is a powerful tool for moving energy and transforming conflict into connection. It is invitation for you to deeply connect with your body and emotions, liberating you from the blame cycle that hinders personal growth. You will develop a profound understanding of your defensive reactions and learn to identify the emotional states that shape your reality. This path leads you from a guarded stance into the embrace of vulnerability where true self-expression flourishes.

Your Hosts Daniela Zambrana and Gyasi Bramos Hantman

Daniela and Gyasi are well experienced Core Energetics Therapists and teachers who are passionate about inspiring and empowering individuals on their journey toward personal growth and self-discovery.



When

October 11th - 13th
Friday: 16:00 - 20:00
Saturday, Sunday: 10:00 - 18:00

Where

Homeplace, Ravanička 42
Belgrade, Serbia

Costs

Early Bird (before September 9th):
Locals €250 / Others €300
Standard (after September 9th):
Locals €290 / Others €340

Cancellation Policy:

Cancellation Fee:
14 days prior: 50% / 7 days prior: 100%

Seats are limited for max 20 participants. The workshop is aimed for beginners, as well for psychotherapy students and professionals who want, in addition, to deepen their perspective and enrich their professional practice.

For Core Energetics professional training students completion of this workshop counts as 5 hours toward your professional training requirement. Students of other Integrative body-oriented psychotherapy schools will get confirmation of participation.

FOR MORE DETAILS AND TO REGISTER, PLEASE CONTACT OLJA VLADUŠIĆ:

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