

# The Purpose of Our Work in Core Energetics

This masterclass will be a very experiential class about my opinions on how to do therapy. It will also be about what we are trying to accomplish in a Core Energetics therapeutic session. What is it's purpose? We often let the clients dictate what happens in the session. How to deal with that?

There will be an experience of instant supervision as you are doing a session. And everyone will have an opportunity to do a session.

It will be about how to use spirit in the session and in your life. I will answer questions such as what do you do when you don't know what to do.

I'll talk about how to really look at the body. What are you trying to see and how to use what you see. When to touch and how to touch. My hope is that everyone will leave this workshop feeling more confident and secure in helping others and being proud of themselves.

STUART BLACK was the director of Core Energetics in New York for 24 years. He helped found and taught in many trainings all over the world; including the Netherlands. He helped Anna Timmermans to start the Dutch CE Institute.

He created many innovative and creative methods of teaching Core Energetics still used today in the institute trainings all over the world. He published the book "A Way of Life: Core Energetics" that is a clear explanation of Core Energetics methods in a very easy to read and personal format.



He was a guest teacher to both faculty and students at the Barbara Brennen School of Healing, and was a senior helper of the Pathwork in Phoenicia, NY, and the spiritual leader of the Pathwork studies program. He is one of the few people alive that knew both Eva and John Pierrokos.

Stuart is now teaching in workshops and classes at Core Crisalida, with his wife at their center in Akumal, Mexico. These classes have been to help people have a better life by learning the truth of who they really are and walking in the world that way.

You can compose your Post Graduate Training by participating in five different masterclass modules

#### Time schedule

Start: Friday 10 am End: Monday 4 pm

#### Where

EIGENTIJDSERF Spreeuwelsedijk 9 5091 KS Westelbeers The Netherlands

## Tuition fee

€ 825

### **Lodging expenses**

Room and meals about € 330 – € 490 depending on roomtype

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Learn more about Stuart YouTube

