

Join Us in Greece

Embodied Relationship Training



5 day
Workshop | May
7-11 | 2025



with

Marcia & Brian Gleason, CSWs

Working with couples can be both extremely challenging and incredibly rewarding. The **Embodied Relationship Training** will teach practitioners a unique approach for engaging the co-created body/mind relational system. The committed relationship offers a profound opportunity for individuals to discover their highest selves. Unfortunately many couples fall into very limited styles of relating that stifle their potential. In The **Embodied Relationship Training** participants will learn how to support couples in not only breaking through protective patterns, but also how to use their relationship as a catalyst for bringing forth what each person is capable of. In other words, the relationship itself is a change agent for supporting the highest potential of each person.

Areas to be addressed include:

- Learning to help couples identify exiled parts of the self as an essential component to connection.
- Exploring the shared energy field.
- Understanding the role of the vagus nerve in a relational context.
- Developing the "meta-skills" of *Presencing, Empathy, Humility, Curiosity, and Intuition.*
- Becoming "trauma sensitive" with self and others.
- Working with emotional "triggers" as trailheads of transformation.
- Working with protector parts.
- Navigating the road from protection to connection with the "Full Self Expression Process."
- Recognizing young demands and lower self from a place of *kindfulness.*
- Understanding how to work with conflict using our five stage process.

LANGUAGE SPOKEN:	English
WHEN:	May 7th-May 11th
PLACE:	Dolphin Resort Hotel & Conference, Agioi Apostoloi, 19017
COST:	1.240 euro (including VAT)
ACCOMMODATION COST (FULL BOARD):	Single-bed room: 85 euro per night Double-bed room: 70 euro per night Three-bed room: 65 euro per night Four-bed room: 60 euro per night

Prices are subject to change

Requirements:
All participants need to have completed the Core Energetics 4-Year Training Program, or have another certificate in a body-oriented psychotherapy modality.