

April 4-5-6, 2025

Core Energetics

Introductory Weekend



THE NEXT STEP IN YOUR JOURNEY

ABOUT CORE ENERGETICS

Core Energetics uses energy, movement, breath and interpersonal relationships to create consciousness about life. One way we all inhibit ourselves is by blocking our energy and our emotions in parts of our body. By learning how to move the energy in your body, you learn to free your emotions and to get in touch with all your feelings. When you loosen these local blocks, your experience of your entire body and being changes. Clients say they have become more alive, powerful, joyful, daring. Core Energetics is a creative, dynamic and very fun way to fully experience the creativity and joy of your own life energy!

THE WEEKEND

A powerful combination of experiential and didactic learning opportunities will give you an understanding of how blocked energy affects you. No matter where you are in your personal journey, this weekend will support you in taking the next step. Experience powerful energetic techniques that open the flow of life force! This special weekend intensive includes classes, process group and community events with all students of the school and promises to be personally challenging, enriching and exciting...

TEACHERS



EVELIEN BUS was trained in Core Energetics at NICE and graduated in 2017. In her practice she interconnects Core Energetics with more subtle energy work (sensing energy). She loves to help people get more awareness on the energetic and spiritual level, so that we can enjoy the richness and support that is there for us. Evelien also serves as co-director of NICE.



NUNO SALEMA is a Psychologist with a Master Degree in Clinical Psychology. He is trained in Core Energetics and currently works with individual clients, couples and groups as well as corporations. Since 2023 Nuno is co-director of the NICE.

For all people: men, women, non-binary, all nationalities, all ages from 18 years.

Time schedule

Start: Friday 10 am
End: Sunday 5 pm

Where

EIGENTIJDSERF
Spreeuwesdijk 9
5091 KS Westelbeers
The Netherlands

Workshop fee

Regular fee € 300
Early bird fee € 250
when you pay before
March 1, 2025

Lodging expenses

Room and meals
about € 235 – € 265
depending on roomtype

[REGISTER HERE](#)

or send an e-mail to
info@coreenergetica.nl

