



February 07 - 10, 2025

Narcissism and Borderline POSTGRADUATE MASTERCLASS

In the society nowadays there are more and more complex situations that creates also more complex clients that enter our practices. Everything around us, is speeding up and that creates also more superficial relationships, there is an absence of intimacy and mirroring and on top of that the lack of boundaries. This creates a new generation who don't know exactly who they are. They search more on social media for the need of being mirrored and that makes it worse. The newer generation is also more sensitive and more open and therefor more willing to be available for covered needs.

In this module we will work with the family history and how your sensitivity is created, we will pay attention how to protect this sensitivity and how to use or not to use your antennas. We will look at the differences between healthy and distorted Narcissism and what the pitfalls are for a therapist in working with a Narcissistic client. We will do the same in looking at Borderline clients: what are the pitfalls and what kind of approach or treatments can you use.

For the understanding of this kind of clients, we will look at their history and development of the Ego and the Self. In understanding where these clients suffer from it will create more empathy and an open heart although you will be tested. Above all of this; working with these clients asks of the therapist the willingness to stay genuine. You need to be very clear and sometimes strict in giving healthy boundaries, that creates more trust and reliability.



ANNA TIMMERMANS is one of the directors of Netherlands Institute of Core Energetics (NICE). Since 1982 she is a methods teacher and has her own practice. Anna is certified by the European Certification of Psychotherapy. She followed the Bio Energetics Analysis training and is trained in Core Energetics by John Pierrakos. Anna teaches also at other institutes, like in Mexico, New York and California. Her passion is to train Core Energetics therapists and to make Core Energetics blossom in The Netherlands and Europe.

[You can compose your Post Graduate Training by participating in five different masterclass modules](#)

Time schedule

February 07 - 10
Start: Friday 10 am
End: Monday 4 pm

Where

EIGENTIJDSERF
Spreeuwesedijk 9
5091 KS Westelbeers
The Netherlands

Tuition fee

€ 825

Lodging expenses

Room and meals
about € 340 – € 500
depending on roomtype

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