

Starting together, then alone

Workshop for alone born twins and multiples



14-15-16 of February, Cordium, Nijmegen, Netherlands

Can you ever really know for sure? Cognitive? No. From memory? No. But your body knows. You started life with two or more. You are alive and the other(s) with whom you were so closely together in the very beginning, they are not present any more. A beating heart, the start of a body, a strong connection, vibrant life energy, it was present for you in the beginning. And then suddenly it was gone.

This loss shows through a continuous search for someone, for something that is deeply fulfilling, that would make you feel whole again. Through feelings of disappointment when relationships do not bring that one absolute connection. Through longing, finding, losing, giving up, feelings of loss and emptiness.

You have started life with a loss. This is a wound and it is often not recognized at all.

In this workshop we work with the bodily memory, to connect with this very early wound. To acknowledge the pain and the loss, and also to enjoy that unique connection. To let go, so you will be able to reconnect in a more spiritual way, making yourself complete in new way.

We, Evelien Bus and Meis Thewissen, are both experts by experience. We are body-oriented (psycho)therapists, trainers and teachers. Based on our knowledge and experience, we would like to take you on a three-day journey in your process of finding answers that are inherent in your body and your energy.

Starts: Friday, Feb 14, 10 a.m. Ends: Sunday, Feb 16, 5 p.m.

Costs: € 595 including 3 lunches, 2 dinners (Friday and Saturday), coffee and tea and friandises. Students pay € 545. (The food will be vegetarian. Dietary requirements are taken into account.)

Register at e-mail address info@evelienbus.nl.

We welcome you very much to be with us.
Please reach out if you have any questions.



Evelien Bus



Meis Thewissen