

The Institute of Core Energetic-Greece Presents: Group works! A training workshop

With Erena Bramos

Assisted by Ala Konopko
July 9th- 12th, 2025
In Athens, Greece

This training weekend is designed specifically for therapists who are interested in deepening their understanding of what makes group the magnificent healing modality it is meant to be.

With an exploration based on the foundational tenets of systems-theory, participants will have the opportunity to look at working with the group as a unique endeavor which, in order to deliver the rich experience that it invites its members to, must be based on understanding the group as a “living energy system” ; an entity which is more and different than the sum of its parts: a system with definite structure, goals, boundaries, and self-correcting capacities.

Participants will be invited to, conceptually and experientially, understand and become comfortable allowing the power of the group to aid in the process of transformation.

Furthermore, this training will explore issues such as:

- the group as a living entity with its unique expression of mask, lower self, and higher self as well as emotional intelligence which the leader needs to invoke to help the group become cohesive and take responsibility for the needs of the members
- supporting the group to become its own leader
- helping group clients to become group members
- understanding the power of addressing sub-grouping in the group as well as role “assignment” as ways in which the group can either hinder or facilitate individual growth

In addition, participants will address such issues as:

- group as a tool which can help the client explore misconceptions and risk-taking back projections —ego strength as an indicator of the appropriateness of inviting the client to group.
- handling of transference in groups
- grappling with counter-transference as it is evoked by the group.
- images around group leading which disempower the facilitator
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Erena bramos, out of her training in system-centered group therapy, and her long-term experience in leading groups of all kinds, as well as in teaching about group work, is excited to be offering a challenging and exciting invitation to any therapist who ever wanted to be part of creating magic in a group. Erena is a psychotherapist in private practice and has been working with individuals , couples , and groups for over thirty years, formerly on the faculty of the institute of core energetics in new york, She has founded and is director of the Institute of Core Energetics-Greece and also teaches in New York, and many Core Institutes in Europe and the Americas

Ala Konopko-Ulanecki, CCEP, - executive director of Polish Institute of Core Energetics. She finished her training in New York in 1996, working closely with John Pierrakos, the founder of Core Energetics. For the last three decades she continues working with individuals and groups. Ala is an international teacher and supervisor in the Core Energetics method, teaching in Poland, Greece and Netherlands.

LOCATION: Hotel Dolphin, Kalamos, Attica, Greece

DATES: JULY 9th (10:00A.M) TO JULY 12nd (5: 00P.M), 2025

TUITION: 750 Euros (Early Bird Registration 650 Euros. Please register and pay fee by 15/5/2025) Registration fee is refundable if cancellation notice is received prior to June 9th, 2025)

Room and Board (Wednesday breakfast to Sunday lunch) as follows:

WITH FULL BOARD:

- Single room for participants: €90 per room per night
- Double room for all: €150 per room per night
- Triple room for all: €210 per room per night
- Quadruple room for all: €260 per room per night

WITH BREAKFAST ONLY

- Single room: €60 per night
- Double room: €80 per room per night
- Triple room: €111 per room per night
- Quadruple room: €140 per room per night

Additional Information

- Tourist tax is €3.00 per day
- Hotel Cancellation policy applies (2) days before arrival for refund, if not completed in time, participant bears the responsibility for payment directly to hotel.
- Payments are made directly to the hotel.
- Not cancelling within two weeks may result in payment for the occupancy
- For further information regarding the workshop, registration, payment, etc.
- Please contact: Yorgos Stathopoulos at: assistcoreenergeticsgreece@gmail.com
- Our coordinator, Mr. Stathopoulos will let erena know if you need to speak with her regarding the workshop prior to registering